My Journey By:

My journey started long ago,

Back when the knowledge in my brain was still low.

I've overcome a lot since then,

Academically and mentally.

I was trying to be a people pleaser.

I wanted to be LIKED by everyone.

My mindset was that people could make me

The person I wanted to be.

When in fact,

They didn't want to see the best version of me.

The person I imagined,

Was the person I was becoming.

I had to change my mindset;

That was NOT the person I needed to be.

I began to set goals for success.

Achieving them didn't always come easy.

I had to accept that work is hard,

But hard work paid off.

Now I understand that I'm the ONLY person

That can make me the person I want to be.

My journey started with me,

Understanding me.