

A Strengths-Based Approach to Career Development Using Appreciative Inquiry (2nd Ed.)

Table of Contents

Preface

- What has changed?
- What can readers expect?
- The flow of the monograph
- It begins with gratitude

Chapter I. Shifting to a Strengths-Based Approach

- Career development and Appreciative Inquiry
- Moving toward a Strengths-Based Approach
- Important guiding definitions
- Foundational concepts
- Creating the Strengths-Based Approach
- A Strengths-Based Approach to career development
- A comparative look at other strength-focused approaches
- Caveats
- A note about transparent communication
- Summary

Chapter II. An Appreciative Inquiry Primer

- What is Appreciative Inquiry?
- Summary

Chapter III. Appreciative Inquiry and Career Development

- Combining the career development process and the 5-D cycle
- Summary

Chapter IV. Implementing a Strengths-Based Approach

- Implementing a Strengths-Based Approach to career development
- The workshop example
- Resources

Summary

References

Appendices

- Appendix A. Building on Your Strengths Activity Guide
- Appendix B. Building on Your Strengths Interview Guide
- Appendix C. Building on Your Strengths Participant Guide