





Friday, September 18, 2020 - November 20, 2020

# The ICDA Five Steps of Proactive Career Development

The world of work is changing at an ever-increasing pace. Our clients will need to prepare for multiple career decision-making "forks in the road" over their lifetimes. These decision-making moments will sometimes happen at the most inopportune times. Initially, ICDA created the Five Steps of Proactive Career Development to help address our purpose to promote career development to all people over the lifespan in the state of Illinois. We now offer these steps as a framework for our clients to follow in their efforts to be prepared to face those forks, whenever they may present themselves.

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### FRIDAY, SEPTEMBER 18, 2020 - 8:30 AM – 10:00 AM

#### Step 1: Assess your interests, personality type, transferable skills and values.

Our presenters will offer a brief look at the multicultural and ethical considerations of using career assessments and examine the benefits and challenges of using both quantitative and qualitative assessments to help clients with their career decision-making process.

Presenter - Kellee Watkins, LCSW, CCSP, GCDF is a Psychotherapist and owner, Wisdom for the Journey, LLC Presenter - Brian Pillsbury, PhD, is the Assistant Director of Career Services at Northern Illinois University

Nohinar 2	FRIDAY, OCTOBER 2, 2020 - 9:00 AM – 10:30 AM
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**Step 2:** Gather and maintain current, accurate and comprehensive information about your chosen field. Our presenters will share the latest Bureau of Labor Statistics employment projections, as well as, how library resources and technologies can help community members effectively shape their job search strategies.

Presenter - Katherine Males, Economist for the Economic Analysis and Information Department in the Chicago Regional Office of the U.S. Department of Labor, Bureau of Labor Statistics

Presenter - Lesley Cyrier, MLIS, Business Services Specialist at the Addison Public Library

Webinar 3 FRIDAY, OCTOBER 16, 2020 - 9:00 AM – 10:30 AM

Step 3: Develop and sustain a clear focus or mission for your life's work and re-evaluate regularly. Our presenters will share ways in which they invite their clients to explore the importance of mission or purpose in their lifework

and create space for their clients to bring a sense of spirituality to the counseling process.

Presenter - Donna Sandberg, MS, NCC, LCPC is a Career Counselor and owner of Career Path.

Presenter - Tim Olsen, MA, LPC, NBCC is Psychotherapist at Clinical Care Consultants and the current President of ISERVIC.

Webinar 4 FRIDAY, OCTOBER 30, 2020 - 1:30 PM - 3:00 PM

## Step 4: Network in person and via social media throughout your career.

Our panelists will describe the settings in which they work and the ways they assist a variety of clients with whom they work to initiate and/or enhance their networking efforts.

Moderator - Vera Rodriguez Mancera, MA, LPC is the current Illinois Career Development Association President Panelist – Jim Fergle, Manager, Job Search and Veterans Services at workNet DuPage Career Center Panelist – Lauren Milligan, Job Search Coach and Owner, ResuMayDay Panelist – Luis Fuentes, Real Estate Broker

Webinar 5 FRIDAY, NOVEMBER 20, 2020 - 9:30 AM - 11:00 AM

# Step 5: Be a life-long learner by engaging in professional development opportunities.

Our presenters will cover how career counselors can help their clients engage in career development through professional development and continuing education opportunities, as well as how career counselors can do the same for themselves.

Presenter – David Barreto, MA, LCPC, co-owner of Lighthouse Professional Counseling Center and an Assistant Professor/Counselor at Waubonsee Community College Presenter – Tom Piekarczyk, MS, LCPC, Counselor, Waubonsee Community College



# Anyone may attend this conference!

	Bundle Price	
	Price per	(For all 5 Presentations)
	Presentation	Purchase by 9/15/20!
ICDA Division Member	\$15	\$60
ICA Member	\$15	\$ <b>60</b>
ICDA Division Student Member	r \$5	*no package, purchase per webinar*
ICA Student Member	\$5	*no package, purchase per webinar*
Non-Member Student	\$5	*no package, purchase per webinar*
Non-Member	\$20	\$80

\*Due to the COVID-19 pandemic, we are waiving the Graduate student non-member fee\*

Registration: Online registration is available through the Illinois Counseling Association at https://www.ilcounseling.org/events/EventDetails.aspx?id=1346377&group=

This conference is recognized as providing 7.5 CEs by the Illinois Counseling Association. (will count towards NCDA credential renewals)

### ICA is a co-sponsor for this event.

The ICA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-Approved Clock Hours for events that meet NBCC requirements. The ACAP solely is responsible for all aspects of the program. This program is recognized as providing CE Clock Hours for: LPC/LCPC/NCC (NBCC Provider #2014) LSW/LCSW (IDFPR license 159.001342) MFT (IDFPR license # 168.000228) and LicPsych (IDFPR license #268.000065).

