

The Up and Downs
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We as people may stumble, even fall,
But that's apart of life, it happens to us all,
We lose our way, sometimes our heads,
But we come back together, like a needle and thread,
For it is the stumbles, that make us unique,
Our stories so fun, so different, so complete,

Who would we be, if we never messed up?
For not one career came without its hiccups,
So be a skydiver, although if you are afraid of heights,
We can learn to fly, like our left and right,
Or go back to school, despite having a kid,
You can still learn, just like you once did,

How about a chef, even if you can't cook,
It's all about starting, begin with a book,
Or become a performer, although if you are shy,
For you can never go wrong, by starting off with "Hi".
Because whether short or tall, big or small,
We can do anything, anything at all,

Don't worry or stress, it is not worth your time,
You are amazing, and every day is your prime,
Life gives us so many gifts, we just have to unlock,
Thinking out and not inside the box,
By beginning within we will finally see,
Nothing can stop us, For every barrier is a possibility.